

BRUNCH

CLASSICS

Bagel Sandwich with scrambled eggs, melted cheddar 5

Provençal Egg Sandwich scrambled eggs, tomato, red bell pepper, spinach, cheddar, french bread 7 *ADD* bacon or sausage (+2)

Buttermilk Pancakes 5/8 *ADD* local maple syrup (+1), chocolate chips (+2), blueberries (+1), bananas (+1)

Belgian Waffle organic wheat waffle, strawberries, bananas, blueberries 8 *ADD* local maple syrup (+1)

Soho Bagel cream cheese, Ducktrap River smoked salmon, tomato, red onion, capers 8

Yogurt Parfait local yogurt, seasonal fruit, granola 6

Local Sugar-Free Granola served with milk 5

Woodhouse Wrap egg whites, mushroom, tomato, onion, spinach, goat cheese, with home fries 9

Bitchin' Burrito scrambled eggs, black beans, cheddar, tomato, red onion, jalapeño, sour cream, guacamole, salsa 10

Bastard Vegan Burrito tofu scramble, potato, black beans, tomato, red onion, jalapeño, guacamole, salsa 9

Cafe Wrap scrambled eggs, swiss, mushroom, tomato, home fries 9

Salmon Hash & Eggs sauteed salmon, free-range eggs, garlic, red bell pepper, onion, sweet & red bliss potato 10

Hearty Breakfast with eggs, bacon, home fries, multigrain toast 8 *ADD* pancakes & sausage (+5)

Steak & Eggs 5oz. flat iron steak, scrambled eggs, multigrain toast 11

OMELETTES

Served with multigrain toast and home fries

Margherita tomato, pesto, mozzarella 9

Forest Home mushroom, spinach, red onion, cheddar 9

Baja local chorizo, black beans, jack cheese, salsa 11

Omnivore's Delight sausage, roasted red pepper, red onion, tomato, cheddar 11

Eden egg white omelette with goat cheese, smoked salmon, spinach, tomato, red onion 12

Create-Your-Own

CHOOSE THREE: cheddar, goat cheese (+1), bacon (+1), swiss, brie (+1), jalapeño, tomato, roasted red pepper, red onion, mushroom, artichoke hearts, pesto, spinach 9

BRUNCH SIDES & ADDITIONS

2 Eggs, Any Style 3

Bacon 4

Multigrain Toast 2

Sub Tofu Scramble 1

Seasonal Fruit 4

Home Fries 3

Sausage 3

Smoked Salmon 4

Sub Egg Whites 2

LUNCH

SOUPS & SALADS

Daily Soup rotating & vegan options available every day 4/6

Spicy Crab Bisque our best seller 10 years straight! 5/7

Stella-Garden* greens, veggies, balsamic vinaigrette 6/9

Farmstand* local flower power greens & arugula, fresh strawberries & blueberries, dried apple, red onion, goat cheese, pecans, poppy seed vinaigrette 7/12

Mediterranean* mixed greens, spinach, cherry tomatoes, olives, cucumber, local feta cheese 7/12

She She Popeye* spinach, roasted red pepper, veggies, sesame-soy vinaigrette 7/12

**ADD Seared Rare Tuna (+6) Salmon (+6) Grilled Chicken (+4) Roasted Portabella (+3) Crab Cake (+6)*

LOCAL, ORGANIC, GRASS-FED BURGERS

See our Dinner Menu for our complete selection

SANDWICHES

Choose chips, green salad, bar fries (+1), or sweet potato fries (+2)

Crab Cake house-made jumbo lump blue crab cake, greens, tomato, chipotle remoulade, honey roll 12

Turkey & Brie house-roasted turkey, brie, green apple, sprouts, honey-mustard, french bread 11

Stella BLT crispy bacon, greens, tomato, aioli, multigrain 8

Hummus Wrap kalamata olive hummus, tomato, roasted red peppers, red onion, greens, sprouts 9

Healthy Salmon Wrap pan-seared salmon, tomato, red onion, greens, cucumber relish 12

Healthy Tuna Wrap albacore tuna, tomato, red onion, celery, green olives, greens, spinach wrap 10

Grilled Brie melted brie, bacon, green apple, multigrain 10

Stella Club crispy bacon, lettuce, tomato, aioli, multigrain decker 13 *CHOOSE* smoked salmon, chicken, turkey

Slowdraw grilled chicken, swiss, mushroom, aioli, caramelized onion, greens, tomato, french bread 11

Ellawrap roasted portabella, guacamole, sprouts, roasted red pepper, tomato, red onion, greens 10

Caprese tomatoes, mozzarella, basil, crispy bacon, balsamic vinaigrette, french bread 11

Smoked Salmon Ducktrap River smoked salmon, spinach, tomato, red onion, chive cream cheese, multigrain bread 11

Chicken Pesto Mozzarella Wrap grilled chicken, mozzarella, pesto, tomato, greens 11

PASTAS & PROTEINS

Campanelle Pasta melon, local chorizo, artichoke hearts, local arugula, tomato, lemon-infused extra-virgin olive oil 12

Drunken Pesto Chicken & Penne roasted red pepper, pesto, creamy vodka sauce 13

Grilled Chicken Breast spinach, mozzarella, over penne with tomato-basil marinara 12

Seared Rare Tuna peppercorn-encrusted, with smashed red bliss potatoes, sauteed veggies, broken tomato vinaigrette 12

Jail Island Salmon pan-seared with local honey glaze, over local flower power greens & tomato salad 14