

# DINNER

## STARTERS

**Kalamata Olive Hummus** with crostini 5

**Bar Fries** classic french fries, with black olive aioli 4

**Artichoke-Spinach Dip** warm & creamy, with crostini 6

**Sweet Potato Fries** with tomato-ginger jam 5

**Warm Brie** with blueberry chutney and crostini 9

**Truffle Parmesan Fries** fries tossed with white truffle oil and parmesan, with housemade ketchup 7

**Nachos** melted cheddar, black beans, salsa, sour cream 8  
*ADD* jalapenos, guacamole (+1), portabellas (+1), roasted red peppers (+.50), chicken (+3)

**Sesame Seared Ahi Tuna** served chilled, with cucumber salad, pickled ginger, ponzu, wasabi, & crispy wontons 10

**Jerk Chicken Quesadilla** local free-range chicken, cheddar & jack cheeses 9

**Chorizo Harvest Salad** melon, local chorizo, & artichoke hearts over local arugula, basil oil 8

**Insalata Caprese** grilled tomatoes, mozzarella, basil, crispy bacon, balsamic vinaigrette 7

**Crab Cake** jumbo lump blue crab, local arugula, herb aioli 9

## SOUPS & SALADS

**Soup Today** rotating & vegan options available every day 4/6

**Spicy Crab Bisque** our best seller 10 years straight! 5/7

**Stella-Garden\*** greens, veggies, balsamic vinaigrette 6/9

**Farmstand\*** local flower power greens & arugula, fresh strawberries & blueberries, dried apple, red onion, goat cheese, pecans, poppy seed vinaigrette 7/12

**She She Popeye\*** spinach, roasted red pepper, veggies, sesame-soy vinaigrette 7/12

**Mediterranean\*** mixed greens, spinach, cherry tomatoes, olives, cucumber, local feta cheese 7/12

\* *ADD Seared Rare Tuna* (+6) *Salmon* (+6) *Grilled Chicken* (+4)  
*Roasted Portabella* (+3) *Crab Cake* (+6)

## LOCAL, ORGANIC, GRASS-FED BURGERS

*Choose tortilla chips, salad, bar fries, or sweet potato fries (+1)*

**Burger** 11

*ADD* (+.50 each) cheddar, swiss, blue cheese, guacamole, bacon, salsa, mushroom, caramelized onion

**Finger Lakes Burger** grass-fed burger, housemade ketchup & mustard, local white cheddar, honey roll 12

**Berkeley-Urger** grass-fed burger, mozzarella, roasted portabella, sprouts, pesto, honey roll 12

**Suburban Country Fair** grass-fed burger, cheddar, bacon, caramelized onion, housemade bbq sauce, honey roll 12

**Gorges Burger** grass-fed burger, brie, bacon, housemade stout mustard, honey roll 13

## SANDWICHES

*Choose chips, green salad, bar fries (+1), or sweet potato fries (+2)*

**Turkey & Brie** house-roasted turkey, brie, green apple, sprouts, honey-mustard, french bread 11

**Healthy Salmon Wrap** pan-seared salmon, tomato, red onion, greens, cucumber relish 12

**Grilled Brie** brie, bacon, green apple, multigrain 10

**Slowdraw** grilled chicken, swiss, mushroom, aioli, caramelized onion, greens, tomato, french bread 11

**Healthy Tuna Wrap** albacore tuna, tomato, red onion, celery, green olives, greens, spinach wrap 10

**Ellawrap** roasted portabella, guacamole, sprouts, roasted red pepper, tomato, red onion, greens 10

**Chicken Pesto Mozzarella Wrap** grilled chicken, mozzarella, pesto, tomato, greens 11

**Crab Cake Sandwich** housemade jumbo lump blue crab cake, greens, tomato, chipotle remoulade, honey roll 12

## ENTREES

**Vegetable Ravioli** roasted vegetable-filled ravioli tossed with tomatoes, spinach, pine nuts, garlic, & basil oil 17

**Local Sausage Penne** sweet Italian-style sausage, chorizo, sweet pepper & onion, mozzarella, marinara 18

**Drunken Pesto Chicken & Penne** roasted red pepper, pesto, creamy vodka sauce 17

**Jail Island Salmon** pan-seared with local honey glaze, over local flower power greens & tomato salad 20

**Grilled Chicken** balsamic peaches, with local cheddar risotto, sauteed local green beans 17

**Campanelle Pasta** melon, local chorizo, artichoke hearts, local arugula, tomato, lemon-infused extra-virgin olive oil 17

**Grilled Rare Tuna** with pineapple salsa, seared rice cake, over a bed of greens 19

**Dry-Aged, Local, Organic, Grass-Fed Steak** peppercorn-encrusted, with rosemary smashed potatoes, sauteed local green beans, finished with demi-glace 20

## SIDES

**Local Green Bean Sauté** 4      **Tomato Salad** 4

**Spinach Sauté** 4      **Seared Rice Cakes** 4

**Rosemary Smashed Potatoes** 4